

**FREE**

Vol. 25 Issue 20/14

Friday 23rd May - Thursday 29th May 2014



# KINSALE ADVERTISER

INCLUDING THE GUIDE TO **WHAT'S ON** IN KINSALE & DISTRICT

Tel: 021 477 4313 :: Web: [www.kinsaleadvertiser.com](http://www.kinsaleadvertiser.com) :: Email: [info@kinsaleadvertiser.com](mailto:info@kinsaleadvertiser.com)

*Padraig Fitzgerald of PJ Fitzgerald Insurances announces a*

## **NEW QUALITY HOME INSURANCE POLICY**



*Giving excellent value for money.*

*Example:*

**Private dwelling house, Owner occupied, Full-time residence.**

**House insured and claims free for 5 years or more.**

**Location: Kinsale, Co. Cork.**

**Standard construction.**

**House built in 1990.**

**Buildings: Sum insured €200,000.**

**Contents = €50,000.**

**Not in an area subject to flooding.**

**Premium = €250**

Source: Spike home insurance software comparison 15/5/2014.

Quotes and terms vary from month to month. All quotes are subject to "Geo-Coding".

**INSTANT COVER,  
LOCAL PROFESSIONAL SERVICE**



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Aviva Insurance Ltd is regulated by the Central Bank of Ireland.

**Underwritten by  
Aviva Insurance Ltd.**

One of Ireland's & UK's largest insurance companies with over 12 million policyholders.

**pjfitzgerald**

**Contact us on 021 4772332 / 021 4772001  
or email [info@pjfitzgerald.ie](mailto:info@pjfitzgerald.ie) for further details.**

**OPEN 9am - 5pm MONDAY TO FRIDAY  
(OPEN DURING LUNCH)**

PJF INSURANCES LTD T/A PJ FITZGERALD INSURANCES IS REGULATED BY THE CENTRAL BANK.

Ireland's Number 1 performing, fun and confidence building camp is back!

**WINNER ON  
DRAGONS' DEN**

Sponsored by



# Starcamp

SUMMER CAMPS

STARCAMP's core ethos and renowned reputation is based on the building of children's self-esteem and confidence. We invite all 4 to 13 year old boys and girls of all levels and abilities to partake in our week long camp that will make a difference!

**LIMITED PLACES - DON'T BE DISAPPOINTED  
BOOK NOW AT  
WWW.STARCAMP.IE  
OR CALL 021 4377900**



Sing • Dance • Act • Games • Fun  
Self-Esteem • Confidence Building  
Audition Technique • Opportunities  
Laughter • Hip Hop • Movie Scenes  
including Disney's Frozen!  
**A week not to be missed!**

Every child that attends Starcamp Summer Camp 2014 will be in a **DRAW TO WIN A VIP FAMILY HOLIDAY TO DISNEYLAND PARIS!**

And 1 from every camp will be randomly selected to sing on **A CHARITY SINGLE THAT WILL BE RELEASED INTO THE CHARTS!**



**KINSALE COMMUNITY SCHOOL**  
**14th - 18th JULY & 11th - 15th AUG**  
**STAGE SCHOOL COMING SOON!**  
SEE [WWW.STARCAMP.IE](http://WWW.STARCAMP.IE)  
FOR FULL LIST OF DATES AND VENUES  
INCLUDING CARRIGALINE, DOUGLAS, BANDON & CLONAKILTY

# Oscar Madisons

7 MAIN ST, KINSALE

**SATURDAY 24TH MAY**

**HEINEKEN CUP FINAL 5PM**  
TOULON v SARACENS

**CHAMPIONS LEAGUE FINAL 7.45PM**  
REAL MADRID v ATLETICO MADRID

**LIVE MUSIC with BLUE STEEL 10.30PM**



Follow us on Twitter

**BEER GARDEN OPEN**

Find us on Facebook



# The Market Garden

Pearse St., Kinsale.  
Tel: 021 477 4574



General Grocery Specialising in Fresh Fruit & Vegetables  
Open: Monday - Saturday 8.30am to 5.30pm

# The Speckled Door

Old Head, Kinsale.

T: 021 477 8243 [www.speckleddoor.com](http://www.speckleddoor.com)

**Spectacular Views of Kinsale Harbour**  
*from bar, restaurant, patio & beer garden!*

**10 minutes drive from Kinsale**  
*Ample Parking & Wheelchair Facilities*



**Food Served 7 Days 12.30pm - 8.30pm**  
**~ Full Menu served all day ~**  
*Also Kid's Menu & Selection of Sandwiches*

**Renowned for Lordan's T-Bone Steaks**



**CHECK OUT OUR... WORLD BEERS MENU**

Unrivalled selection inc: Fuller's Honey Dew Lager, O'Hara's IPA, Old Speckled Hen, Hobgoblin Ale, London's Pride Ale.  
NEW ON TAP: Proper Job IPA, Tribute, O'Hara's Red Ale, Stowford Press Westons Cider, Metal Man Cask Ale, 8° Howling Gale, Abbot Ale, Carrig Irish Craft Lager

Music Venue  
Guardwell, Kinsale  
T: 021 4772382  
[www.folkhousevenue.com](http://www.folkhousevenue.com)

**NEW**  
IRISH WHISKEY  
TASTINGS  
AVAILABLE

**ALSO UNRIVALED  
WHISKEY SELECTION!**  
OVER 75 TO  
CHOOSE FROM!

**FRI 23rd MAY**  
10.00pm

**KING K**  
*5 Piece Rockin Covers*

**SAT 24th MAY**  
10.00pm

**FANTASY JAM BAND**  
*4 Piece Rock/Contemporary Covers*

**SUN 25th MAY**  
9.30pm

**BIG SWINGING MIKEYS  
WITH BRENT CRUZ**  
*2 Piece Folk/Rock Covers*

**THUR 29th MAY**  
9.30pm

**THE SGs**  
*2 Piece Folk/Rock Covers*

**FRI 30th MAY**  
10.00pm

**BEN REEL BAND**  
*3 Piece Folk/Rock Originals & Covers*

**SAT 31st MAY**  
10.00pm

**I-FUNK**

**NEW GIN MENU  
AVAILABLE**  
Over 35 to  
choose from!

**ALL PARTIES  
ALL OCCASIONS  
CATERED FOR  
3 TO 300**

**ALL SPORTS  
SHOWN  
ON 2 BIG  
SCREENS**

# **Bacchus Nightclub**

**FRI 23rd MAY - DJ SEAN**

All the Old & New Classics. Doors 11:30pm - Free b4 12:00am

**SAT 24th MAY - DJ SEAN**

90s Club Classics & Chart. Doors 11:30pm - Free b4 12:00am

**THUR 29th MAY - DJ MARK**

All the Old & New Classics. Doors 11:30pm - Free b4 12:30am



# Belgooly Show

**Saturday 31st May 2014**

**Ballindeenisk, 9.30am-5.30pm**  
*(near Oatlands Cross)*



**Signposted  
from  
Belgooly**

Horses • Cattle • Show Jumping • Dog Show  
Irish Dancing • Arts & Crafts • Baking • Flowers  
Vintage Machinery • Large variety of Local Crafts on Sale

**Agriware Pet Farm • Wool Spinning Demo**

Most Suitably Dressed Lady • Bonny Baby • Bar & Live Music  
[www.belgoolyshow.com](http://www.belgoolyshow.com)

***A Great Day Out For All The Family!!!***

*Chips & Ice Cream rights sold.*

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whilst retaining a  
personal touch.*



*We have an excellent  
reputation, with  
many customers  
returning each year!*

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[WWW.SOLVILLASJAVEA.COM](http://WWW.SOLVILLASJAVEA.COM)

THE  
**ARMADA**

**BAR & GUESTHOUSE**  
Pearse Street, Kinsale 021 477 2255

**Kitchen Open 7 Days A Week  
Serving Traditional Irish Food**

**FRIDAY 23RD MAY  
MAX 2**

**SATURDAY 24TH MAY  
COLOUR ECLIPSE**

**WEDNESDAY 28TH MAY  
LIVE MUSIC**

**Traditional Irish Music  
on Tuesday & Wednesday**

**DARTS - POOL - RINGS**

Free  WiFi

## *New Delicious Menu*

# OLD BANK Town House

CAFÉ & GOURMET STORE KINSALE



### *Gourmet Café*

The Old Bank House and Food Store is the perfect place for a delicious breakfast or lunch, with great service in a comfortable atmosphere. Serving only the best to you!

- Great Coffee/Iced Coffee
- Tasty Lunches
- Sandwiches/Wraps
- Smoothies
- Breakfast
- Sit in or Take Out
- Cakes
- Juices and more!

### *Gourmet Food Store*

A wide range of fresh products produced daily in-house by our chefs. A selection of great food and products can be purchased here including:

### *Range of Gourmet Products*

- Gubbeen, Chorizo, Salami
- Fresh Cakes & Pastries
- Homemade Lemonade
- Selection of Sauces & Preserves
- Freshly Made Bread & Baguettes
- Freshly Made Quiches & Salads
- BBQ Range
- Artisan Chocolates
- Gourmet Hampers

**~ OUTSIDE CATERING AVAILABLE ~**

We can provide the food for you, All you have to do is collect it!

Tel: 021-4706090 | [www.oldbankhousekinsale.com](http://www.oldbankhousekinsale.com) | 10/11 Pearse Street, Kinsale, Co. Cork



[www.twitter.com/kinsalenews](http://www.twitter.com/kinsalenews)



[www.facebook.com/KinsaleNews](http://www.facebook.com/KinsaleNews)



# SEANACHAI

Market St, Kinsale

**Friday 23rd May**  
LIVE IN VENUE  
**QUINCY 11.30pm-2am**

**Saturday 24th May**  
**TRAD SESSION**  
**WITH TONY DUNNE AND CO.**  
9pm-11.30pm

**DJ MIXASAURUS REX**  
11.30pm-2am

**Sunday 25th May**  
LIVE AND ACOUSTIC  
**MICKEY AND JONO 8pm-11pm**  
**DJ BELLYMAN 11pm-1.00am**

**Tuesday 27th May**  
LIVE AND ACOUSTIC  
**POLLY BARRETT**  
9pm-11.30pm

**Wednesday 28th May**  
**TRAD WITH JONO & CO.**  
9pm-11.30pm

**Thursday 29th May**  
LIVE AND ACOUSTIC  
**MICKEY & JONO 9pm-11.30pm**

**Friday 30th May**  
LIVE IN VENUE  
**MY FELLOW SPONGES**  
11.30pm-2am



## Joy's Massage OF KINSALE

7 Pearse Street, Kinsale (Next To AIB Bank)

**Get ready for Summer...**

Thai Massage ~ Reflexology Deep Tissue  
Massage ~ Facial Firming ~ Hot Stone  
Massage ~ Sports Injuries ~ Head  
Massage ~ General Well Being  
Hot Stone Massage a Speciality

**T: 021 470 0985**  
**M: 086 368 3968**

*Apostolate of Eucharistic Adoration*  
Eucharistic Adoration - The Way Forward

**Second Annual Pilgrimage to Knock**  
*Celebrating Corpus Christi*

### INVITATION

You are invited to come and pray with us at  
**KNOCK SHRINE**

*One of the world's great Eucharistic Shrines*

**Sunday June 22nd 11am - 5pm**

- Talks • Mass • Adoration • Confessions
- Rosary • Materials for Adoration • Benediction
- Children's Adoration • Eucharistic Procession
- Blessing of the Sick • Launch of Book for Adorers

*Guest Speaker: Frances Hogan*

*Choir: John McNally (Irish Tenor) and Navan Male Voice Singers*  
*Chief Celebrant: Most Rev Michael Neary, Archbishop of Tuam.*

We wish to have every Parish in Ireland well represented,  
so organise buses and cars as soon as possible. Invite family,  
friends, neighbours and other apostolates and organisation.

All welcome. Looking forward to meeting you at  
Knock Shrine on June 22nd.

**Contact Mary 085 745 9011**



K-CoRD - Kinsale Community Response to Dementia is an exciting and innovative community-based project established to deliver a comprehensive and person-centred response to dementia. To further develop this project K-CoRD wishes to appoint a

## Health Care Support Worker

Part-time (24 hours per week, Tuesday-Thursday) - 18 month contract

### The person should ideally have:

- Relevant qualification: FETAC Level 5 "Healthcare Support/Caring for the Elderly" and specific dementia training.
- A minimum of 2 years work experience preferably in a community and/or healthcare setting.
- Proven experience in implementation of supports and activities in a community and/or healthcare setting.
- Ability to work on your own initiative and to work collaboratively with members of the K-CoRD team.
- Good communication skills with qualities that the person with dementia values: empathy, warmth and care.
- Knowledge and understanding of dementia.
- Report writing and IT skills desirable.
- Experience of working with voluntary and healthcare sector, multi-disciplinary teams, etc.
- Car owner with full-clean driving licence.
- Flexible: available to work evening sessions when required.

### Job Description and Application Form available from K-CoRD at

Phone: **021 4709700** Mobile: **083 4199751** E-Mail: **info@kcord.ie**  
**www.kcord.ie**

Informal enquiries to Elizabeth Creed  
Closing date for receipt of Application Form  
is 5p.m. Friday 6th June - no CVs accepted.

K-CoRD is supported by the HSE and Atlantic Philanthropies through the GENIO trust.





To facilitate staff training, in advance of the abolition of Town Council on 31st May 2014, the offices of Kinsale Town Council will be closed on Friday 23rd May 2014.

We apologise for any inconvenience.

# The Spaniard

SCILLY, KINSALE

Tel: 477 2436 | [www.thespaniard.ie](http://www.thespaniard.ie)

**Friday 23rd May**

**JUG A PUNCH 10pm**

**Saturday 24th May**

**FOR FOLK SAKE 10pm**

**Sunday 25th May**

**JOE FITZ 6pm-8pm**

Food Served All Day  
Friday Saturday Sunday

Restaurant Open 7 days  
Fantastic New Menu

Now Serving Roast of the Day

~ Private Parties Catered For ~  
Call 021 4772436 for details.

## Fasttrack Broadband

Providing High speed  
broadband in your area!

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- Ballinspittle
- Old Head
- Dunderrow
- Kinsale
- Belgooly
- Riverstick
- Ballygarvan

No Phone line needed - No line rental  
Local Company with a local support team  
Packages starting from €3.80 per month

Contact Tristan on:  
**087 1211809**

Ballinadee, Bandon, Co. Cork  
email: [info@fasttrackbroadband.ie](mailto:info@fasttrackbroadband.ie)  
web: [www.fasttrackbroadband.ie](http://www.fasttrackbroadband.ie)





**CÚL  
CAMP**



## KINSALE GAA CÚL CAMP

takes place from 11th-15th August.  
You can register online now.

### THANK YOU

Thanks to everyone who recently supported our Clothes Collection, Coffee Morning and Raffle.

We are very grateful for your continued support.

### CONGRATULATIONS

Well done to the Intermediates who recently beat Ballydesmond in the first round of the Championship 2-9 to 1-9.

### CONGRATULATIONS

to Georgia Gould and Juliette Cronin who are All Ireland Champions after beating Kerry in the U14 All Ireland Blitz Final at the weekend.

### CONGRATULATIONS

to Anthony Cummins on winning the 4 One Direction tickets!

Keep up to date with all that goes on in the club on Facebook (Kinsale GAA), @KinsaleGaa on Twitter and on our website [www.kinsalegaa.com](http://www.kinsalegaa.com)



This slot is available for advertising.

Contact Catherine 087 2168734

For all your  
optical requirements,



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care & attention!

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OPTICIANS**  
*Keeping Kinsale Focused*

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The polarized experience

The best vision under the sun.

**SUNNY SUMMER  
PROMOTION**

**50% OFF  
POLARISED  
SUN LENSES**  
when you buy Varifocals

**1st May - 31st July**



OPENING HOURS: TUES TO THURS: 9.30am-5.30pm  
FRI: 8.30am-5.30pm, SAT: 9.30am-3.00pm



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9

[www.facebook.com/KinsaleNews](http://www.facebook.com/KinsaleNews)



# Please donate to our "GAZA TOY and CLOTHES DRIVE"



We are collecting new and very good used toys for children in Gaza where high unemployment, blockade by land, sea and air and constant threat of attack makes it impossible for families to provide much needed items for their beloved children's childhood. Toys are a crucial part of childhood.

Children learn so much from playing with toys. Most of all they learn to feel joy, to play and to share. Concepts such as these will stay with them throughout their life. Having a favourite toy to cherish is beneficial for children, all over the world, no matter where they are from. Help us to get toys and clothes to children in Gaza.

We will let you know from start to finish how our journey goes and we will keep you posted on the joy that the children will experience when they have new toys to play with and clothes to wear.

For more information on the Ireland to Gaza Toy and Clothes Drive

Eileen Carr: emecarr@gmail.com / 0894 849 318

Padraig Fitzgerald, Kinsale Peace Project

Collection point: Kinsale Community School / PJ Fitzgerald Insurance

## The White House

FULLY LICENCED GUESTHOUSE & BAR

Guest Accommodation  
4 Star AA Guesthouse

Food Served 8am to 10pm  
~ Special Value Menu ~



Friday 23rd May  
**COUNTRY FOLK**  
Saturday 24th May  
**PUC AR BUILE**

Tuesday 27th May 9.00pm  
**LEON BUCKLEY**  
Thursday 29th May 9.00pm  
**SHANE & FRIENDS**

Saturday 24th May  
**HEINEKEN CUP FINAL 5PM**  
TOULON v SARACENS

**CHAMPIONS LEAGUE FINAL 7.45PM**  
REAL MADRID v ATLETICO MADRID

Your hosts The Frawley Family & Staff  
T: 4772125 [www.whitehouse-kinsale.ie](http://www.whitehouse-kinsale.ie)

## Ralf's Computer Services & Internet Cafe

Lower O'Connell Street,  
Kinsale, Co. Cork

(Between Shanghai Express & The White Lady)

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Spyware & Virus Removal • Data Recovery & Back-up  
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South Union Hunt  
**KINSALE POINT-TO-POINT**  
**FESTIVAL** at Farrangalway, Kinsale

**Bank Holiday Weekend 31st May & 1st June 2014**

**Saturday 31st May**

1st Race - 5pm  
- 6 Races

**Sunday 1st June**

1st Race - 3pm  
- 6 Races  
- Dog Show - 3pm

Entry on the day - amazing prizes  
- 'Most Appropriately Dressed'  
sponsored by Hattitude of Kinsale  
& Old Head Golf Links

**BAR &  
LIVE MUSIC**  
SATURDAY & SUNDAY

**FREE**  
CHILDREN'S AREA  
PONY RIDES &  
BOUNCY CASTLES  
SUNDAY ONLY



Supported by Kinsale Vintners

FOLLOW US ON



**Adults €10 - Including Race Card**  
**Children FREE**

FREE bus to course from Kinsale Tourism Office



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Kinsale Tile Store,  
Guardwell, Kinsale

T: 021 4772966

F: 021 4773243

E: [info@kinsaletiles.com](mailto:info@kinsaletiles.com)

[www.kinsaletiles.com](http://www.kinsaletiles.com)



***New Bathroom Tiles  
in stock at €11.99yd<sup>2</sup>***

***Carpet from €7.99yd<sup>2</sup>***

**BATHROOMWARE • FULL RANGE OF TILES  
CARPETS • FULL RANGE OF TIMBER FLOORS**



World's End,  
Kinsale, Co. Cork

Tel: 021 477 9300

Email: [info@tridenthotel.com](mailto:info@tridenthotel.com)

Website: [www.tridenthotel.com](http://www.tridenthotel.com)

**For a delicious lunch or dinner, we would like to invite you to the Wharf Tavern**

#### BAR & SNACK MENU

Available daily  
from noon - 9pm.  
(Full menu available online)

#### POPULAR CARVERY

Served daily is a  
lunchtime favourite  
12.30 - 2.30pm.

We even offer a  
**CHILDREN'S MENU**  
so bring friends & family.

*Relax & enjoy outdoor  
seating overlooking  
the marina.*



**FREE WiFi** available to customers in the Wharf Tavern



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# Free Coffee with every €5 spent!

Great Gifts • Hampers • Sweet Trees  
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T: 087 11 685 11 | E: [kinsale@auntynellies.ie](mailto:kinsale@auntynellies.ie) | W: [www.auntynellies.ie](http://www.auntynellies.ie)  
Come see us at the Belgooly Show and the Upton Steam Rally.



## CHRISTINA B'S SECOND BOOK OF POETRY AVAILABLE FOR SALE

at

**Kinsale  
Bookshop**

8 Main St, Kinsale

**bookstór**

1 Newman's Mall, Kinsale

€10 - €5 of which is for KYSS - Kinsale Youth Support Services



# SUMMER BBQs

at

## Actons of Kinsale

Look no further than Actons of Kinsale for your Summer Corporate/Team Building Events, Family Gatherings, Pre and After Wedding Parties.

For more information and enquiries on our Summer Courtyard BBQ Selector contact Mary K. O'Donovan at [mkodonovan@actonshotelkinsale.com](mailto:mkodonovan@actonshotelkinsale.com) or 021 4779900



### FROM THE HOT BUFFET

Teriyaki Sirloin Steak	€15
Handmade Steak Burgers	€8
Lemon, Thyme and Honey Chicken	€5
Pork & Leek Sausage with Grain Mustard	€3.50
Salmon Haddock Fishcakes with Tartar Sauce	€8.50
Spiced Potato Wedges with Sour Cream	€3
Wild Mushroom Linguini	€8
Marinated Chicken Drumsticks	€4.50
Spare Ribs with Continental Marinade	€4.80

### SALADS

Tomato, Basil & Red Onion Salad	Coleslaw
Mixed Leaf Salad	
Potato, Chive & Crème Fraîche Salad	
Rocket & Red Chard Leaf	
Tomato, Penne & Basil Salad	
Roasted Pepper & Rocket Penne Pasta Salad	
Celeriac Coleslaw	
Tomato, Feta Cheese & Marinated Black Olives	
Spicy Saffron Rice	
Feta, Cherry Tomatoes, Roasted	
Hot Minted Potatoes	
Includes Baked Potatoes and Selection of Breads	
Choice of three of the above salads	

### DESSERT OF THE DAY € 6.50

**Saturday 24th May: Billy Crosbie & Friends playing in Sidney's Bar from 9.30pm**



# REBEL BOOT CAMP HQ

Fully qualified and insured trainer with 20 years industry experience.  
Very competitive rates.

## **A PRIVATE, FULLY EQUIPPED EXERCISE FACILITY AVAILABLE FOR:**

- 1 on 1 personal training
- Small group personal training (max 3 people - share the cost!)
- 30 min high intensity sessions
- Food intolerance testing



## **BODY BLAST SPECIAL OFFER!**

Blast that fat for the summer hols for just €200 with this highly effective, great value programme.

It includes 2 boot camp sessions & 1 personal training session per week for 4 weeks with continuous nutrition support!

Contact Mark Keohane

[info@rebelbootcamp.ie](mailto:info@rebelbootcamp.ie) call/text 086 880 9542

**4 GUARDWELL, KINSALE**



# KINSALE DRIVERS WANTED

Carma users in Kinsale have already upgraded their commute and are earning money before they even get to work!

Check out these top Kinsale Carmapoolers:

Cian



Trips made: 698  
Distance Carmapooled: 17,033km  
Money Earned: \$2,001  
Commute: Kinsale - Cork

Kate



Trips made: 107  
Distance Carmapooled: 2,802km  
Money Earned: \$325  
Commute: Kinsale - Cork

Dom



Trips made: 88  
Distance Carmapooled: 1,758km  
Money Earned: \$246  
Commute: Kinsale - Airport Business Park

Helen



Trips made: 72  
Distance Carmapooled: 1,741km  
Money Earned: \$217  
Commute: Kinsale - Cork

**JOIN YOUR NEIGHBOURS,  
DOWNLOAD THE APP TODAY**

[www.carmacarpool.com](http://www.carmacarpool.com)



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**Joanna Daly D.C.**  
(Doctor of Chiropractic) D.C., MChiro, NMT, BSc (Hons)  
**Kinsale Chiropractic & Associates**



**WE ARE  
RELOCATING ON  
MONDAY 26TH  
MAY TO THE  
OLD KINSALE  
MEDICAL CENTRE,  
EMMET PLACE.**



**SCIENTIFIC EVIDENCE BASED  
CHIROPRACTIC TREATMENT FOR:**

- **Low Back Pain**
- **Mid & Upper Back Pain**
- **Neck Ache & Stiffness**
- **Headaches**
- **Shoulder Pain  
& Restricted Movement**
- **Knee, Leg & Foot Pain**
- **Arm, Wrist & Hand Pain**



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SHOWROOMS OPEN MONDAY TO SATURDAY

**FREE HOME CONSULTATION & MEASURING**



CLONAKILTY  
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TO  
POINT  
RACES**

**SUNDAY 25th MAY 2.30pm  
INCHYDONEY ISLAND  
Admission €8**



Enjoy the high quality horse racing, there's food & drink & music & bookies, free parking, kids entertainment & best dressed prizes, & the hurling on TV, so head to Inchydoney for a great day's racing over the jumps at Beamish's farm.

MORE INFO ON [www.turfclub.ie](http://www.turfclub.ie) [www.p2p.ie](http://www.p2p.ie)  
[www.cork-waterford-pt-to-pt.com](http://www.cork-waterford-pt-to-pt.com)  
or call 086-1534497

# Angel's Secrets

Short Quay,  
Kinsale Health & Beauty Care

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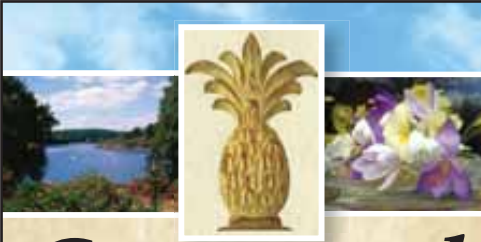


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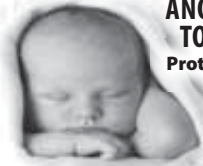


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Then in his merciful eyes it will become your favour, not mine, Amen.

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## NOTICES

### KINSALE BOAT HIRE



- ✓ SIMPLE TO DRIVE
- ✓ FREE TRAINING
- ✓ KIDS GO FREE
- ✓ LIFE JACKETS INCLUDED
- ✓ NO LICENCE OR PERMIT REQUIRED
- ✓ LICENCED & INSURED
- ✓ GO EXPLORING OR FISHING

**087 1747585**  
[www.kinsaleboathire.ie](http://www.kinsaleboathire.ie)

Located at the Trident Hotel Marina  
[info@kinsaleboathire.ie](mailto:info@kinsaleboathire.ie)

KINSALE MUSIC PROMOTIONS  
*presents in concert*

## GINA AND THE CHAMPIONS

Actons Hotel  
Saturday 31st May 2014

TICKETS €15 EACH, ON SALE AT SALVY'S,  
CREDIT UNION, EILEEN MURPHY'S,  
CENTRA BALLINSPIITTE,  
ALLENS BELGOOLY, ACTONS HOTEL.

**THE BREDA EATON MEMORIAL WALK**  
in aid of Marymount Hospice / Lourdes Fund


**SATURDAY 12TH JULY**  
Leaving the Post Office at 10.30am  
Please come & support!

## DON & BARRY'S HISTORIC STROLL

FROM TOURIST OFFICE @ 11.15am Daily  
& Early Bird @ 9.15am, Mon - Sat.

Ranked **#1** of 23 activities in Kinsale

○○○○○○ 310 Reviews

 [tripadvisor.ie](http://tripadvisor.ie)

*"Excellent... Kinsale's single  
best attraction... A joy...  
Be sure to take it"* Rick Steves

[www.HistoricStrollKinsale.com](http://www.HistoricStrollKinsale.com)

Tel: 087 2500 731

Adults €6 / Children €1

-CELEBRATING OUR 22ND SEASON-

## HARBOUR CRUISE

Departure Beyond Actons Hotel on board 'Spirit of Kinsale'



Times for month of May  
**MONDAY - FRIDAY: 2PM**  
**SAT & SUN: 2PM & 3PM**

Please see sandwich board at Tourist Office  
& Pier Rd. for updated times.

Complimentary Tea/Coffee Served  
Cruises are subject to weather and tide.

**T:086 250 5456**  
[www.kinsaleharbourcruises.com](http://www.kinsaleharbourcruises.com)

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**Jim  
Daly TD**  
Advice Clinic



Weekly Clinics at both  
Bandon & Clonakilty Offices.  
First Friday Clinics at the  
Trident Hotel, Kinsale  
at 12.30pm.

Clonakilty Office 023 8858770  
Bandon Office 023 8843868

☆ Please contact the office  
as times may vary.

FINE GAEL

# KINSALE ADVERTISER

WHAT'S ON IN KINSALE

FRI 23rd MAY - THURS 29th MAY 2014



## FRI 23rd MAY

### **ARMADA BAR:**

Max 2.

### **BACCHUS NIGHTCLUB:**

DJ Sean, 11.30pm.

### **BLUE HAVEN:**

Phoenix, 10pm.

### **CODER DOJO:**

Kinsale Commercial Park, 7pm-9pm.

### **DON & BARRY'S**

#### **HISTORIC STROLL:**

The Tourist Office  
9.15am, 11.15am.

### **FOLKHOUSE:**

King K, 10pm.

### **HAMLETS:**

DJ.

### **HARBOUR CRUISE:**

Cruise at 2pm. Departs  
beyond Actons.

### **KINSALE BRIDGE CLUB:**

Trident Hotel, 10am.

### **KINSALE GAA:**

Annual Golf Classic  
at Kinsale Golf Club.

### **KINSALE TOWN**

#### **COUNCIL:**

Offices closed.

### **SEANACHAI:**

Quincy, 11.30pm.

### **SPANIARD:**

Jug A Punch, 10pm.

### **WHITE HOUSE:**

Country Folk.

## SAT 24th MAY

### **ACTONS:**

Billy Crosbie & Friends  
in Sidneys Bar, 9.30pm.

### **ARMADA BAR:**

Colour Eclipse.

### **BACCHUS NIGHTCLUB:**

DJ Sean, 10.30pm.

### **BLUE HAVEN:**

Blue Fusion, 10pm.

### **DON & BARRY'S**

#### **HISTORIC STROLL:**

The Tourist Office  
9.15am, 11.15am.

### **FOLKHOUSE:**

Fantasy Jam Band,  
10pm.

### **HAMLETS: DJ.**

### **HARBOUR CRUISE:**

2pm & 3pm. Departs  
beyond Actons.

### **OSCAR MADISONS:**

Blue Steel, 10.30pm.

### **SEANACHAI:**

Trad Session with Tony

Dunne & Co, 9pm.

DJ Mixasaurus Rex,

11.30pm.

### **SILENT BANJO**

3 Piece Suite, 10.30pm.

### **SPANIARD:**

For Folk Sake, 10pm.

### **WHITE HOUSE:**

Puc Ar Buile.

## SUN 25th MAY

### **BLUE HAVEN:**

Darren & Friends, 9pm.

### **BULMAN:**

Club on the Rocks, 8pm.

### **CLONAKILTY POINT**

#### **TO POINT RACES:**

Inchydoney Island,  
2.30pm.

### **DON & BARRY'S**

#### **HISTORIC STROLL:**

The Tourist Office,  
11.15am.

### **DUNDERROW NS PA:**

5.5km Run/Walk from  
the school, 12 noon.

### **FOLKHOUSE:**

Big Swinging Mikeys  
with Brent Cruz, 9.30pm.

### **HARBOUR CRUISE:**

2pm & 3pm. Departs  
beyond Actons.

### **KINSALE ACTIVE**

#### **RETIRED:**

Dawn Chorus  
on the Pier, 7am.

### **SEANACHAI:**

Mickey & Jono, 8pm.  
DJ Bellyman, 11pm.

### **SILENT BANJO**

Tim Martin, 7pm.

### **SPANIARD:**

Joe Fitz, 6pm.

## MON 26th MAY

### **BLUE HAVEN:**

Arundo & Irish Dancers,  
9pm.

### **DALTONS BAR:**

Traditional Irish Music.

### **DON & BARRY'S**

#### **HISTORIC STROLL:**

The Tourist Office  
9.15am, 11.15am.

### **HARBOUR CRUISE:**

Cruise at 2pm. Departs  
beyond Actons.

## TUES 27th MAY

### **ARMADA BAR:**

Traditional Irish Music.

### **BLUE HAVEN:**

Sonnie & Friends, 9pm.

### **DALTONS BAR:**

Trad.

### **DON & BARRY'S**

#### **HISTORIC STROLL:**

The Tourist Office  
9.15am, 11.15am.

### **HARBOUR CRUISE:**

Cruise at 2pm. Departs  
beyond Actons.

### **KINSALE ACTIVE RETIRED:**

Annual Tea Dance.

Music by Joe Desmond

at Actons, 2.30pm.

### **KINSALE JOBSEEKERS**

#### **RESOURCE CENTRE:**

Red Cross Centre,

Church Lane.

10am - 12.30pm.

### **PARENT, BABY &**

#### **TODDLER GROUP:**

Temperance Hall,

10am to 12pm.

### **SALSA & BACHATA:**

6 week course starts,

Temperance Hall, 8pm.

### **SEANACHAI:**

Polly Barrett, 9pm.

### **WHITE HOUSE:**

Leon Buckley, 9pm.

## WED 28th MAY

### **ARMADA BAR:**

Live Music.

### **BLUE HAVEN:**

Niall McCabe, 9pm.

### **DON & BARRY'S**

#### **HISTORIC STROLL:**

The Tourist Office  
9.15am, 11.15am.

### **HARBOUR CRUISE:**

Cruise at 2pm. Departs  
beyond Actons.

### **KINSALE CRAFT FAIR:**

Temperance Hall,  
10am - 4.30pm.

### **KINSALE VOICES:**

Blue Haven Café,  
7.30pm - 9.30pm.

### **SEANACHAI:**

Trad Session  
with Jono & Co, 9pm.

## THUR 29th MAY

### **BACCHUS NIGHTCLUB:**

DJ Mark, 11.30pm.

### **BLUE HAVEN:**

Arundo & Irish Dancers,  
9pm.

### **DALTONS BAR:**

Traditional Irish Music.

### **DON & BARRY'S**

#### **HISTORIC STROLL:**

9.15am, 11.15am.

### **FOLKHOUSE:**

The SGs, 9.30pm.

### **HARBOUR CRUISE:**

Cruise at 2pm. Departs  
beyond Actons.

### **KINSALE TIDY TOWNS:**

Town car park, 7pm.

### **SEANACHAI:**

Mickey & Jono, 9pm.

### **WHITE HOUSE:**

Shane & Friends, 9pm.



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# KINSALE OSTEOPATHS

71 Lower O' Connell Street, Kinsale,  
Tel: 087 358 6145 E: kinsaleosteopaths@yahoo.ie



## *An osteopath is...*

*a health care professional that is highly trained and qualified in orthodox medical clinical skills of assessment and diagnosis.*

*What distinguishes an osteopath is the ability to see the body as a whole and recognize the interrelationship within the body.*

*It is this approach that many patients with complex presentations have found significant relief, results in Osteopathy.*

## **OSTEOPATHY DOES NOT JUST TREAT THE MUSCULOSKELETAL SYSTEM.**

*In addition, some of the common presentations to the clinic include:*

**BACK, NECK, SHOULDER, KNEE, FOOT PAIN & INJURIES.**

### **CHILDREN'S HEALTH:**

Infant reflux, colic, sleep problems, learning difficulties, dyslexia, ADHD, special needs.

### **PREGNANCY:**

Back pain, headaches, sacro iliac, sciatica.

***Best wishes to all training for the Cork marathon.***

Please check Kinsale Osteopaths' Facebook page for some helpful tips for your training.

## **Sharon O'Donoghue, M.Ost**

Masters Degree in Osteopathy Member of the General Osteopathic Council (GOsC)  
Osteopathic Council of Ireland (OCI) Graduate of British School of Osteopathy, University of Bedfordshire.

**7am - 9pm Appointments available.**

**Approved by all major health insurers.**



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